

# Basic Life Support (BLS) - CPR & AED



In 8 hour sessions we can only learn the basics but the

**Basics can save a life**

## Overview:

First aid is a concept of first hands-on measures performance in a medical emergency by laypersons. Participants are taught about the industry specific situation most likely to occur that would require the use of their new skills.

## Basic Life Support (BLS): ACADEMY OF FIRE & SAFETY

Basic Life Support training familiarizes participants with rescue techniques for providing appropriate and adequate emergency aid during any life threatening situation. The aim of this module is to provide participants with knowledge, skills and confidence to perform fundamental techniques of life saving using Global Best practices.

The program includes lectures, demonstrations and training for skills in management of airway obstruction, rescue breathing and Cardio-Pulmonary Resuscitation (CPR)

## Trainer:

**American Heart Association (AHA) certified Instructor.**

**Maximum strength 30 candidate per batch.**

## Learning Outcomes:

- Explain goals of BLS and Resuscitation.
- Apply the chain of survival protocol.
- Recognize and manage unconscious patients.
- Perform CPR for adult and infant victims.

## Workshop Format (Methodology):

The workshop is delivered through an experiential route to create an urge in participants to change self. This is done by addressing the emotional mind of the participants by the following methods.

- Multimedia based presentations.
- Demonstration on high tech mannequins.
- Practice session for participants in simulated environment.

## Evaluation:

Participants to be evaluated at the end of the session through written and practical skill test.

## Duration and Fee:

8 Hours and Rs 950.00 + GST per candidate.

## Certificate:

ILPA Associated Partner Certificate shall be valid for 2 years in India only.

